



Kai Yang Chen

Adult Consultation-Liaison and
Addiction Psychiatrist

QUALIFICATIONS

- 2022 Australian & New Zealand Academy for Eating Disorders (ANZAED) Eating Disorder Credentialed Professional
- 2021 Certificate of Addition Psychiatry RANZCP
- 2019 Accredited Member of Faculty of Adult Psychiatry RANZCP
- 2017 Certificate of Consultation Liaison Psychiatry RANZCP
- 2017 Fellow in Royal Australian and New Zealand College of Psychiatrists (FRANZCP)
- 2016 Graduate Certificate of Research Methods James Cook University (JCU)
- 2009 Bachelor in Medicine, Bachelor in Surgery (MBBS) University of Western Australia (UWA)

ACADEMIC EXPERTISE

JCU Senior Lecturer

Presented academic talks for 2021 RANZCP Pre-congress workshop, RANZCP Congress, RACGP General Medical Training, North Queensland Persistent Pain Management Service, and various GP practices. Conducted training courses on CBT and ACT for registrars. JCU OSCE examiner. Volunteered as RANZCP OSCE examiner.

Selected Publications

KY Chen, R Evans, S Larkins. Why are hospital doctors not referring to Consultation-Liaison Psychiatry? – A systemic review. *BMC Psychiatry*. 2016; 16 (390): 1-12.

S Gilbert, **KY Chen**. Patients with substance use disorder and addiction: acute pain including perioperative issues. *Textbook of Addiction Treatment*. 2021. Springer, Cham.

M Perusinghe, **KY Chen**, B McDermott. Evidence-based management of depression in palliative care: A systematic review. *J Pall Care*. 2021; 24 (5): 767-781.

JR Pan, TY Li, D Tucker, **KY Chen**. Pregnancy outcomes in women with active anorexia nervosa: a systematic review. *J Eat Disord*. 2022; 10 (25)

QUEENSLAND REPRESENTATION

- 2021- Queensland Medicated-Assisted Treatment of Opioid Dependence: Clinical Guidelines Working Group
- 2019- RANZCP Consultation-Liaison Psychiatry Faculty Queensland Subcommittee Member
- 2017-2020 Queensland State-Wide Eating Disorders Advisory Group Member
- 2017-2021 RANZCP North Queensland Advisory Group Member
- 2016-2017 Queensland Alcohol and Other Drugs (AOD) Documentation Integration State-Wide Advisory Group Member

EMPLOYMENT

- 2017- Psychiatry Staff Specialist
Townsville University Hospital
 - Consultation-Liaison Psychiatry (CLP) at Townsville Hospital, including looking at traumatic brain injury management and recovery, functional neurological symptoms disorders, dementia diagnosis and management, and management of inpatient substance intoxication/ withdrawal etc for 0.4 FTE ongoing
 - Alcohol Tobacco and Other Drugs Services (ATODS), looking at substance addiction issues, behavioural addictions, and opioid treatment programme for 0.3 FTE x 3 years
 - Chronic pain psychiatry clinic and liaison for 0.2 FTE x 3 years
 - Eating disorder clinic and inpatient eating disorder management for 0.1 FTE x 5 years ongoing
 - Rural, remote, indigenous team 0.5 FTE x 6 months
 - ECT clinical leadership group, provided guidance and clinical advice for neurostimulation service governance/ development
- 2011- Psychiatry Registrar
2017 Townsville Hospital

CLINICAL EXPERTISE

- Neuropsychiatry
- Eating Disorders
- Consultation-Liaison
- Substance Addiction
- Behavioural Addiction
- Neurostimulation
- Chronic Pain Psychiatry
- Symptoms without Organic Causes

LEADERSHIP/ MANAGERIAL EXPERTISE

- 2017- Acting Clinical Director, ATODS and Speciality Services (0.4 FTE for 3 months and intermittent ongoing)
Townsville University Hospital
- 2017- Chair, Medical Education Committee
2021 Townsville Hospital
- 2017- Clinical Advisor, INPsych Medical Student Group
James Cook University
- 2013- RMO/ Intern Coordinator
2017 Townsville Hospital
- 2014- Integrated Electronic Medical Record Medical Liaison and Change Management Officer
2016 Townsville Hospital

PSYCHOTHERAPY SKILLS PROFICIENCY

- Cognitive Behavioural Therapy
- Interpersonal Therapy
- Acceptance Commitment Therapy
- Psychodynamic Psychotherapy
- Motivational Interviewing and Enhancement Therapy